



## Peace + Harmony Coaching Agreement & Non-Therapy Disclosure

1. I understand that the purpose of my sessions with my life coach is to assist me in goals related to my personal, career, business, or relationship development.
2. I understand that my coach is not a trained psychotherapist and will not be acting in the role of professional therapist, counselor, hypnotherapist or psychotherapist during our coaching sessions. I further understand that coaching does not take the place of psychotherapy or professional medical treatment, and I understand that my coach does not diagnose or treat any medical or psychological conditions or disorders.
3. I understand and acknowledge that my coach is a “non-licensed practitioner” and I fully understand that my coach not licensed by the state of New York as a healing arts practitioner.
4. I understand that coaching sessions are not therapy sessions, or psychological counseling sessions, nor will any coaching sessions be a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment. I will not use any coaching sessions in place of diagnosis, treatment or therapy. I will seek independent professional guidance for legal, medical, financial, business, or family matters. I further acknowledge that my coach is neither an employment agent, financial analyst, mental health practitioner, business manager, legal advisor, licensed therapist, psychologist, psychiatrist nor medical doctor.
5. Although Life coaching may be effective either as a precursor, complement, or follow-up to therapy, I understand that coaching is not to be used in lieu of professional advice for psychological, legal, financial, medical, tax, or other matters normally handled by other professionals.
6. I understand that if I am currently in therapy or otherwise under the care of a mental health professional, that I must consult with the mental health care provider regarding the advisability of working with a coach, and that this person is aware of the decision to proceed with the coaching relationship.
7. I fully understand and agree that I am fully responsible for my physical, mental and emotional well-being during all coaching sessions, including choices and decisions made both during and after the sessions. I understand that this coaching starts with my own agenda, and I am responsible for my own life, and I will make the choices about what actions to take. I understand that I am always free to reject any advice, suggestions or requests made by my coach at any time. I understand that all decisions in these areas are exclusively mine, and I acknowledge that decisions and actions regarding them are my sole responsibility.
8. I understand that my coach will honor my confidentiality unless required by law to disclose information.
9. Payment is due at time of service. Payment may be made by credit card at [www.peaceandharmonycoaching.com](http://www.peaceandharmonycoaching.com). I agree to give 24 hours' notice for any change or cancellation of sessions. I understand that I will be charged for any missed sessions if I do not give this notice.
10. I understand that coaching results cannot be guaranteed and I agree that I am entering into coaching with the understanding that I am responsible for my own results. I understand that my coach is in no way responsible or liable for my decisions, actions and their outcomes. I agree to hold the coach free of all liability and responsibility for any actions or results from any and all adverse situations created as a direct or indirect result of specific advice given by the coach.

**Client's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

Please email this form to [coachmalkas@gmail.com](mailto:coachmalkas@gmail.com)

BEFORE YOUR FIRST APPOINTMENT.